



## Core | Capacity Building Support Categories

Increased Social & Community Participation	CB Social Community and Civic Participation	Development and training to increase your skills so you can participate in community, social and recreational activities.
Finding & Keeping a Job	CB Employment	This may include employment-related support, training and assessments that help you find and keep a job, such as the School Leaver Employment Supports (SLES).
Improved Relationships	CB Relationships	This support will help you develop positive behaviours and interact with others.
Improved Health & Wellbeing	CB Health and Wellbeing	Including exercise or diet advice to manage the impact of your disability. The NDIS does not fund gym memberships.
Improved Learning	CB Lifelong Learning	Examples include training, advice and help for you to move from school to further education, such as university or TAFE.
Improved Life Choices	CB Choice and Control	Plan management to help you manage your plan, funding and paying for services.
Improved Daily Living	CB Daily Activity	Assessment, training or therapy to help increase your skills, independence and community participation. These services can be delivered in groups or individually.

### **Improved relationships - 11\_022\_0110\_7\_3**

Specialist Behavioural Intervention Support Highly specialised intensive support interventions to address significantly harmful or persistent behaviours of concern. Development of behaviour support plans that temporarily use restrictive practices, with intention to minimise use of these practices.

### **Improved health and wellbeing - 12\_027\_0126\_3\_3**

Exercise Physiology Individual advice to a participant regarding exercise required due to the impact of their disability.

### **Improved health and wellbeing - 12\_029\_0126\_3\_3**

Personal Training Personal training provided to a participant due to the impact of their disability.

### **Improved daily living skills - 15\_003\_0118\_1\_3**

Capacity Building Supports for Early Childhood Interventions - Physiotherapy Capacity building supports, including key worker, to assist a child with developmental delay and/or disability and their family/carers in home, community and early childhood education settings, to work towards increased functional independence and social participation. To be delivered by a Physiotherapist.

### **Improved daily living skills 15\_043\_0128\_1\_3**

Individual Counselling Facilitating self-knowledge, emotional acceptance and growth and the optimal development of personal resources on a one-to-one basis. Assist participants to work towards their personal goals and gain greater insight into their lives.

### **Improved daily living skills - 15\_054\_0128\_1\_3**

Assessment, Recommendation, Therapy And/Or Training (Incl. AT) - Psychology Assessment, Recommendation, Therapy And/Or Training (incl. AT). To be delivered by a Psychologist.

### **Assessment Recreational Psychology Training - 01\_701\_0128\_1\_3**

### **Assessment Recommendation, Therapy Training - 15\_056\_0128\_3\_3**

### **Access Community, Social and Rec Activities - Standard - 04\_105\_0125\_6\_1**